

Florida Safety Council
Orlando, FL

Special Supervision Services Personal History

Please Print Your Responses

Date _____

Please answer each of the following questions by filling in the blanks with the information requested. For those questions that are followed by numbered choices, select the choice which most closely describes your answer. For questions such as age, fill in the correct number. For some short answer questions, such as your occupation, simply write in the correct answer.

1. My name is: _____
(Last Name) (First Name) (Middle/Maiden)
2. I was born in: _____ on _____
(City/State) (Date)
3. My current address is: _____
(Street/City/State/Zip)
4. My home telephone number is _____
5. My office telephone number is _____
6. I am currently employed as: _____
7. I have worked for _____ years.
8. Check one: I have I have not been in the military
 I am I am not retired from the military service
9. I have been arrested a total of _____ times in my lifetime.
 The number of arrests where alcohol and/or drugs were involved was _____.
 The number of arrests for driving under the influence of alcohol was _____.
 My age at my first arrests for driving under the influence of alcohol was _____.
 My age at my first arrest was _____. My age at my first alcohol-related arrest was _____.
10. Check your marital status and answer the question (if any)
 Single, never married Divorced (How many times? _____)
 Married (How many times? _____) Widowed
 Separated (How many times? _____) Living Together
11. How long have you been married? _____
12. How many children do you have (Put "0" for none) _____
13. How many brothers do you have? _____
14. How many sisters do you have? _____

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15. Do any reside in this area? _____
16. Do you have any other relatives living in this area? _____
17. What is the highest grade completed in school? _____
18. What has been your main occupation during most of your adult life? _____
19. What other kinds of work have you done in the past? _____
20. How long have you been at your current job? (Put "0" if unemployed)
21. How many months/years were you at your last job? _____
22. Circle which of the following best describes your work history?
- Worked little or none
 - Worked sporadically (off and on)
 - Worked steadily, but not always full time
 - Worked fairly steadily for full time
23. How much do you like your work on a scale from 1 to 10 with 1 meaning not at all and ten meaning very much: _____.
24. Does your spouse/partner work? _____ If yes, what type of work? _____
25. My general health is _____ Good _____ Fair _____ Poor
26. In an average week (7) days, on how many days do you:
- eat breakfast? _____.
 - eat lunch? _____.
 - eat an evening meal? _____.
27. On a daily basis, how often do you eat additional snacks beside regular meals? _____
28. If you over-eat sometimes, what factors are most likely to lead you to over-eat (i.e situation, kinds of food, feelings, etc.) _____

29. How many caffeine drinks do you have in an average day?
- cups of coffee _____.
 - cups of tea _____.
 - cups of soda _____.

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30. Put the number of times you have been treated for each of the following:

| | | |
|-------------------------|-----------------------|----------------------|
| Heart trouble _____ | Stomach trouble _____ | Sleep problems _____ |
| Kidney trouble _____ | Diabetes _____ | G.I. problem _____ |
| Liver trouble _____ | Alcoholism _____ | Diet problem _____ |
| Lungs _____ | Hypertension _____ | Allergy _____ |
| Other _____ | | |
| None of the above _____ | | |

31. Put the number of medications you have ever taken, for each of the following:

| | | |
|-------------------------|-----------------------|----------------------|
| Heart trouble _____ | Stomach trouble _____ | Sleep problems _____ |
| Kidney trouble _____ | Diabetes _____ | G.I. problem _____ |
| Liver trouble _____ | Alcoholism _____ | Diet problem _____ |
| Lungs _____ | Hypertension _____ | Allergy _____ |
| None of the above _____ | | |

32. Please list any medications you currently take: _____

33. Have you ever suffered from any of the following on-going types of pain? (Check all that apply):

| | | |
|-----------------|-----------------------------|------------|
| Back pain _____ | Premenstrual Syndrome _____ | None _____ |
| Headache _____ | Stomach _____ | |
| Neck pain _____ | Other _____ | |

34. How many times have you been hospitalized? _____

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35. Check the following things that you enjoy doing:

Eat a meal _____ Gamble _____ Go to school _____

Read _____ Play cards _____ Work _____

Watch TV _____ Sports _____ Dance _____

Theater _____ Animal care _____ Smoke _____

Party _____ Sleep _____

Exercise _____ Be alone _____

Other (Please specify) _____

36. Do you have close friends that you can confide in? (check one)

No friends

Only casual acquaintances

One or more close friends

37. How often would you describe yourself as being lonely? (check one)

Never

Sometimes

Seldom

Most of the time

38. Do you feel over-stressed or anxious? (check one)

Never

Sometimes

Seldom

Most of the time

39. Do you feel that your life is difficult to manage? (check one)

Never

Sometimes

Seldom

Most of the time

40. How would you describe yourself? (check any that are applicable)

High strung and restless _____ Moody and depressed _____ Getting along _____

Ambitious _____ Concerned about the future _____ None of the above _____

Tired and overworked _____ Happy and well adjusted _____

41. How would you describe your home life? (check any that are applicable)

Happy _____.

Okay _____.

Unhappy _____.

42. When was the last time you had anything to drink which contained alcohol? _____

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43. Do you feel that drinking is causing you, or has caused, any problems in the following areas of your life? (place yes "Y", or no "N", in spaces below)

Marriage _____

Job or employment _____

Health _____

Court or other legal difficulties _____

44. How many times a week did you drink alcohol? _____

45. How many drinks did you have in an average week? _____

46. How did you usually drink? (check one)

Alone _____

With others who were drinking _____

With others who were not drinking _____

47. Where did you do most of your drinking? (check one)

At home _____

In your car _____

At work _____

In bars _____

On the street _____

Other places (where)? _____

48. When did you do most of your drinking? (check any that apply)

Before work _____

At night _____

During work _____

At parties _____

After work _____

Day and night _____

49. Check any of the following which best describes your past drinking behavior:

Drink a lot one day per week _____

Drink heavily every day _____

Drink a little once in a while _____

Drink a lot several days per week _____

Drink a little every day _____

Other drinking pattern _____

50. Has your drinking ever caused arguments? _____

51. Have the arguments resulted from your drinking, or someone else's?

Self _____

Other _____

Both _____

Neither _____

52. Did you ever feel that it was easier to start something after you had a drink? _____

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53. Did you drink to feel less self-conscious, and more at ease, around people? _____

54. Did drinking sometimes give you courage or self-confidence? _____

55. Did you feel more quarrelsome or angry after you had several drinks? _____

56. Have you ever been told that you become rowdy or noisy when drinking too much? _____

57. Have you ever destroyed property or gotten into physical fights when you were drinking?

58. Have you ever thought about cutting down on drinking? _____

59. Have you ever felt bad, or guilty, about your drinking? _____

60. Have you ever found when awakening (waking up) that you can't remember, or wonder what you did the night before, when you were drinking? _____

61. After drinking the night before, have you ever decided not to go to work the next morning?
Yes or No _____. If yes, how many times a year did this happen? _____.

62. Have you ever found that your hands shake and tremble in the morning? _____

63. Have you ever vomited or been very sick to your stomach, not while drinking, but the morning after drinking? _____

64. Did you ever drink in the morning before breakfast, or before going to work? _____

65. Did you feel that your health would be better if you decreased or stopped your drinking?

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66. Did you ever take tranquilizers, anti-depressants, or pep pills? _____

67. Have you ever been told by a medical person that your drinking was injuring your liver?

68. What is the longest time (in days) that you have gone without drinking in the last five years? _____
What led up to this (or caused it)? _____
69. Do you usually have alcohol in your home? (This includes so-called non-alcoholic beer or wine which contain less than .5% of alcohol.) _____
70. Indicate, in the spaces provided, the number of previous treatments you have received for alcohol problems, from each of the following:
- | | | |
|---------------------------|---------------------|-----------------------|
| Hospital (any kind) _____ | AA meetings _____ | Private doctor: _____ |
| Outpatient clinic _____ | V.A. Hospital _____ | MD _____ |
| Detox facility _____ | Other _____ | Psychiatrist _____ |
| | | Psychologist _____ |
71. How would you describe your spouse's / partner's drinking?
- | | |
|----------------------|------------------------|
| Non-drinker _____ | Moderate drinker _____ |
| Occasional _____ | Heavy drinker _____ |
| Social Drinker _____ | Alcoholic _____ |

72. Has your spouse / partner, employer or friend, ever complained about your drinking?

73. Please write below the names and addresses of three persons that know you well, and who we may contact, to confirm this information which you have given on this form:

Name: _____ Phone: _____

Address _____ Relationship _____

Name: _____ Phone: _____

Address _____ Relationship _____

Name: _____ Phone: _____

Address _____ Relationship _____

Under penalties of perjury, I declare that I have read the foregoing document, and that the facts stated in it are true.

Client Signature _____ Date: _____